

EXCURSIONS – November 2018 to October 2019
In the Garden of Eden 2018-19 on board the M/Y Pegasos



PRASLIN - Duration approximately 3 ½ hours –

Included: Private bus, Professional English speaking guide all entrance fees

€ 85—per person

The tour combines Praslin's World Heritage Site, the Vallee De Mai Nature Reserve, and Cote D' Or Beach, one of the most beautiful beaches in the Seychelles, if not the world. Discover the original Garden of Eden -the Vallee De Mai -home of the unique coco de mer (double coconut), bearing the largest nut in the plant kingdom. The rare Black Parrot also haunts the Reserve feeding on the abundant fruit. This World Heritage Site is a magical forest, thick with wild tropical vegetation, and many species of rare, endemic palms. Refreshments are served at Cote D' Or Beach where time is allocated for swimming, relaxing or simply strolling on the beach.

LA DIGUE - Duration approximately 3 ½ hours

Included: Drive on camionette exclusively for Pegasos guests, English speaking escort

€ 65—per person

Experience the Old World beauty and charm of the Seychelles during an orientation tour of the picturesque La Digue, one of the prettiest islands in the Seychelles. On our scenic drive from La Passe Harbor to L' Union Estate you will daily life to be punctuated by ox carts and a relaxed pace. Upon arrival at L' Union Estate you will see its old Creole house and coconut factory: a reminder of how life was on the island many years ago. We continue to La Digue's famous beaches, which are considered to be amongst the finest in the world, especially Anse Source d' Argent, a bather's paradise and photographer's dream. For centuries, the soft white sands and dramatic granite boulders have enchanted visitors to the island. Along the way you may catch a glimpse of La Digue's paradise flycatcher, a bird with a distinctive black plumage.

ARIDE - Walking tour guided by the local ranger

A visit to Aride Island is an essential part of the itinerary for any visitor to Seychelles to discover what the islands were like 250 years ago before human settlement. Aride hosts one of the most important seabird populations in the Indian Ocean with more breeding species than any other island in Seychelles. Eighteen species of native birds (including five only found in Seychelles) breed on Aride. The island is managed as a nature reserve by the Island Conservation Society of Seychelles and the only human inhabitants are the reserve's staff, including the Island Manager, Conservation Officer and rangers.

Aride Island hosts thousands of breeding seabirds each year, especially during the southeast monsoon and land birds that breed year round. Aride is also an island where native plants find fertile soil for growth. Because of this, it plays a very important role in the conservation of Seychelles wildlife both terrestrial and marine (with a 200m of protected area from the coastline).

COUSIN - Walking escorted tour

Cousin Island is a granitic island covering 27 hectares and lies approximately 2km from Praslin Island. It became the world's first internationally owned-reserve when it was purchased in 1968 by the International Council for the Protection of Birds (ICBP), now Birdlife International. The objective was to save the last remaining population of the Seychelles warblers.

First made into a Nature Reserve in 1968 it was afforded further protection when it was designated a Special Reserve in 1974. It is not only significant for sea birds and endemic land birds but is also the most important breeding site for Hawksbill turtles in the Western Indian Ocean. The reserve is managed solely by local staff and benefits local communities on the neighboring Praslin Island through eco-tourism. Today, Cousin is managed by [Nature Seychelles](#). Conservation activities include monitoring of the island's biodiversity, research, re-introduction of endangered species such as the Seychelles Magpie Robin.

CURIEUSE - Walking tour guided by the local ranger

Lying about one mile to the north-east of Praslin, this island of about 2 miles long was first given the name Ile Rouge on account of its red earth. As part of the Marine Park the island is strictly protected and only a few families live there. Like Praslin, Curieuse is home to the Coco-de-Mer palm. The island has a wild population of about 250 Giant Tortoises, brought over from Aldabra in the 1980s and a breeding scheme has been in place there for several years. Curieuse was once a leper colony, and the ruins of the houses can still be seen. There is also a large, restored colonial villa, known as the Doctor's House, where the island doctor lived in the 1870s. Nature trails wind their way across the island, notably through the extensive swamps, home to eight different species of mangrove.